



coop™ basics Program

Looking to stretch your grocery budget? So are we! That's why we're pleased to offer our **Co+op Basics** program. **Co+op Basics** offers everyday low prices on popular grocery and household items.

The Co-op offers this program to help our community afford our organic, non-GMO, local and sustainable products. The program features the **Field Day** brand of organics and other pantry staples.

Your Co-op is the best place to invest your food dollars. It is where you will find the most healthful food, foods in bulk which will save you money, and local seasonal fare. Make the most of your Co-op shopping experience and shop **Co+op Basics** and the **Co+op Deals** (items on the program are marked throughout the store).



coop™ basics

Stock up & save - every day.



field DAY™ WILDLY SIMPLE™



coop™ deals

The Vision Statement of the Silver City Food Co-op

Promoting the inherently healthy relationship between food, community, and nature.

Seven Cooperative Principles

- Voluntary and Open Membership
 - Democratic Member Control
- Member Economic Participation
 - Autonomy and Independence
- Education, Training and Information
 - Cooperation among Co-ops
 - Concern for Community



*In
Historic Downtown*



coop™ basics

Stock up & save - every day.

Budget Shopping at the Co-op



coop™
basics
Program



Silver City Food Co-op

520 N. Bullard Street
Silver City, NM 88061
(575) 388-2343

Store Hours:

Monday - Saturday
9 am - 7 pm
Sunday
11 am - 5 pm

*www.silvercityfoodcoop.coop
a community market since 1974*

Shop the Co-op on a Budget

Look for **Co+op basics** (purple tags)
and
bi-weekly **Co+op deals**
(green tags).

As a Member, take advantage of our
monthly Member Only offers.

Shop the Co-op during
Member Appreciation Days (MAD).

Members receive a 10% discount
on everything in the store three times a year,
and 15% once per year.

MAD posters in our windows will let you
know when it's Member Appreciation Days.

You'll also find that information in the
Garbanzo Gazette, and at our website,
www.silvercityfoodcoop.coop.

If you're not already a member,
join the Co-op. This will enable you to take
the best advantage of prices,
specials and information.

Join at the register!

Comparison shop by unit prices. For the best
value, shop in bulk. With bulk purchases you
can purchase just the right amount you need,
with no waste, at the lowest price.

Look for and use the coupons available
throughout the Co-op.



The Co+op Basics program includes:

Bulk

- Short Grain Brown Rice
- Long Grain Brown Rice
- Anasazi Beans

Frozen

- *Shelton's* Ground Turkey
- *Rudi's* Breads
- *Udi's* Pizza Crusts

Grocery

- *Field Day* Grade A Maple Syrup
- *Field Day* Cereals
- *Garden of Eatin'* Chips
- *Field Day* Crackers
- *Field Day* Extra Virgin Olive Oil
- *Field Day* Pasta & Pasta Sauces
- *Field Day* Coconut Oil
- *Field Day* Laundry Detergent
- *Field Day* Paper Towels & Facial Tissue

Produce

- Avocados
- Bananas

Supplements

- *Nature's Plus*
Animal Parade Children's Multi-Vits
- *Source Naturals* Wellness Formula

Dairy

- *Organic Valley* Eggs
- *Organic Valley* Raw Cheeses
- *Organic Valley* Butter
- *Organic Valley* Milk

Health and Beauty

- *Everyone* Hand/Face/Body Lotion
- *Everyone* Liquid Soap

All items subject to change.

*All Co+op Basics products
are specially priced
at an Everyday Low Price*



LOOK FOR THE
PURPLE TAGS
TO SAVE!



All Co+op Basics products are
specially priced at an
Everyday Low Price.

Co+op™ deals

Each month 100s of items are offered on sale
through the Co+op Deals program.

These sales usually last two weeks
and have the green Co+op Deals tags.

Another way to save your food dollars
at the Co-op!

• **EVERYONE CAN SHOP!**
• **ANYONE CAN JOIN!**
• **OPEN TO ALL!**

www.silvercityfoodcoop.coop